

HEALEY HIGH ROADS

March, 2005

Priceless

HELP WANTED:

Event Coordinator seeks CAAHC Club Members interested in driving their Healeys from DC to Winston-Salem to attend AHCA Conclave. 6-26 to 7-1

Applicants must be willing to drive their Healey in the company of other Healey enthusiasts.

Dates flexible and good routes are still available:

One group departs DC Saturday 6-25 to drive scenic route, arriving Conclave Sunday A.M.

Another group leave s DC Sunday 6-26 to drive on faster roads arriving Conclave Sunday P.M.

Apply via email to awgertoo@aol.com giving your travel preferences.

Note: CONCLAVE REGISTRATION NUMBER REQUIRED to sign up. Space limited.

2005 DRIVING SEASON UPON US

Fred McConville, Activities Director

Driving season is just around the corner and it's time to start your engines!!

Club Activities formally kicked off with our Monthly Meeting at Guapo's on March 13 at which many of the following activities were previewed and discussed:

On April 3rd we'll do a reprise of last year's very successful session at the AllSports GP Go Kart track and work out our pent-up aggressions in a fun way.

Then on April 16th Dean Turner has arranged a great tech session at Victoria Restorations at which John Tokar will discuss long-distance driving issues and recommended spares and tools that should be a part of your planning. (Editor's note: See related article on page 6)

Long-distance driving will certainly be a timely topic as our activities this year will include several events involving longer-than-normal drives to and from destinations.

The first such drive will be a trip to Summit Point, WV on May 21 and 22 to watch our Aussie guests in competition on the Jefferson Circuit. For those of you that were at Conclave 2003 that's the big course next to the one on which we ran our Speed Events.

Next is a longer trip to Virginia International Raceway June 10-12 to again watch the AUHC racers in wheel-to-wheel competition.

Later that month we have Conclave 2005 (June 25-July 1) in

*Winston-Salem, NC. I'm hoping that many members will be in attendance, so **GET YOUR CONCLAVE REGISTRATION FORMS SUBMITTED IF YOU HAVE NOT YET DONE SO!!***

And then we have our own Capitol Classic in Gettysburg, PA presently scheduled for September 16-18.

So we have great opportunities for long driving experiences this year.

Remember: Participation Points roll over each year: The member driving the greatest number of miles between January 1 and early December will be awarded a suitable prize at next year's AGM.

GET OUT THERE AND PILE ON THE MILES!!

FOURTH ANNUAL BRITISH CAR WEEK RALLYE AND PICNIC IN SOUTHERN MARYLAND TO BE HELD ON JUNE 5TH



Join Mary and me for the Fourth Annual British Car Week Picnic in Southern Maryland at Little Cove Farm in Saint Leonard, MD., on Sunday, June 5, 2005. And you're welcome to participate in The "NOT-FOUR Rallye" on your way down which will start that morning near Upper Marlboro, MD., and end at the farm front gate. This will be a different route than previous years.

The main event is the picnic and all are invited to pack family and/or pets aboard, bring whatever

they may want to eat, drink and play with, and come out for a day of fun and fellowship with others who enjoy driving and owning vintage vehicles. We'll have live music courtesy of CAAHC member Joe Maestri and more. Bring your lawn chairs, blankets, umbrellas, etc. The farm opens at 10:30 A.M.

The "Observation Rallye" starts in Upper Marlboro and ends at the farm 50 miles later—the route will take about 1-1/2 hours to on pleasant rural roads in Southern Maryland.

TO REACH THE PICNIC: Saint Leonard, MD, is about midway between Prince Frederick and Solomons Island on Route 4 (less than an hour from the Capital Beltway or Annapolis). Turn west off of Route 4 at Parran Road, go about 1 mile to a T-intersection at Mackall Road, turn left and go 2 miles to Garrity Road, turn left and go 1/4 mile to Little Cove Farm at 2455 Garrity Road -- Just follow the British flags!

TO REACH THE RALLYE: From Route 4 and US 301 (near Upper Marlboro) go south on 301 about 1/10 mile and enter the Giant Supermarket parking lot (east side of 301). Arrive between 9:30 and 10:15 AM, look for the Rallye Starter and get a set of instructions. The course ends at the farm. Prizes awarded!

We look forward to seeing you -- Michael and Mary Oritt.

For further information email us at: awgertoo@aol.

WALTER MITTY RETURNS TO SEBRING!

Or “My visit to Skip Barber Racing School”

Michael Oritt

Have you ever wanted to be a Sports Car Racer? I always did. Beginning with my first car, a 1958 TR3, I longed to be one of those cool guys who I read about in the pages of *Sports Car Illustrated*, *Road & Track*, *Sports Car Graphics*, etc. Each March I'd drive from Miami to attend the “12 Hours of Sebring” and revel in the action.

My hope was to buy a Sprite with my friend Neil (we figured we could swing it for \$500 each) and go racing. Unfortunately neither his parents nor mine shared our vision. But I never forgot the dream and I have always enjoyed driving competitively, whether in a “stoplight grand prix” or at a club event held in a parking lot. In recent years I have enjoyed entering my 100 with some success in various autocrosses, etc.

So a few months back I signed up for the 3-day Racing School held at Sebring late last month. I arrived at the track early Friday morning and met the other 14 students, men of various ages. The youngest was a teenager with much go-kart racing experience. I was the oldest.

The vehicles used are center-seat open-wheeled Formula Fords that have been repowered with Dodge engines and

drivetrains. They are extremely fast (0-60 in about 5 seconds) with great brakes (60-0 in about 1.5 seconds), have very quick steering and excellent handling.



THAT'S ME IN THE FRONT!

The school is a combination of classroom talks alternating with vehicle seat-time where the knowledge acquired is applied. Racing skills are broken down into a number of topics and layered one upon the other.

Our first classroom session taught us how to identify the line to be driven through corners, and within 30 minutes we were at the wheels of our cars. After the cars were sized to each driver (seats and pedals are adjustable) we were on the track running around a short autocross course. Instructors gave feedback on our lines through the corners between laps.

Ensuing tutorials over the next two days taught us about upshifting, downshifting, double-clutching, braking, trail-

braking, throttle technique, flag communications, passing, etc. And in the subsequent driving session we were expected to combine the latest skill with those learned earlier as we lapped around the track.

By Saturday's end we were driving pretty much without any speed restrictions and were encouraged to find and push to the limits of adhesion—many spins both on and off the track resulted and each was analyzed by instructors who stood at the critical corners and gave us feedback at the end of each lap.

Sunday it rained heavily but this did not mean an end to racing—Rather we were instructed on wet racing technique and ran almost as fast as in the dry!

At day's end we were given Graduation Certificates and encouraged to attend further sessions to gain experience and to consider joining the Skip Barber Racing Series and/or pursue a license with anyone of the various sanctioning bodies.

I learned enough to know that I have more to learn before racing competitively, so I signed up for further instruction.

Watch for a sequel article later this summer!

DELICIOUS RECIPES FOR MORE THAN PICNIC FARE

By Ian Dunnington

If you missed the Hunt Country Classic show in Middleburg, Virginia, you missed a great event. The club had a lot of members there, and I cannot wait to go to this year's event in October, and our own events along the way! The day and setting was as beautiful as the array of fine-looking cars.

We enjoyed the peaceful country drive, leaving the city behind. After taking in the colorful surroundings we settled our blankets and picnicked the old fashioned way. Our luncheon menu included recipes from my aunt Kerry Dunnington's recently published cookbook.

While we sipped a little champagne, we devoured the unique cheese curry pate with plum sauce, spread over thin crispy crackers. From china plates, we ate thick slices of sesame pork tenderloin slathered with mustard cream. Accompanying the pork was an unusual salad: Thin slices of purple cabbage were tossed with raisins, walnuts, green onions and blue cheese. Kerry prepared marinated potato salad and shared with us the following story behind this recipe which she acquired from her mother:

Betty, friend to Kerry's mom Joan, was asked to bring a potato salad to a potluck picnic

luncheon friends were hosting in Coco beach. It was 1945 when many food items were rationed, including mayonnaise. Challenged with but little mayonnaise on hand, Betty marinated the potatoes in an oil and vinegar mixture, finishing the salad with a dollop (one tablespoon) of mayonnaise!

Thoughts of this memorable day come to mind, (the sun warming us surrounded by an array of fine-looking automobiles in gorgeous Middleburg countryside), especially now, as snow and cold weather has left our city immobile.

Here is a recipe for part of our picnic fare:

Cheese Curry Pate with Plum Sauce (About 2 cups)

The pate can be prepared one or two days in advance. The plum sauce recipe makes enough for two pates and will keep for several weeks in the refrigerator. The flavors in this creation are bold; it is best to serve with a bland cracker. The plum sauce is also delicious over baked chicken, broiled fish, and Brie cheese or as sauce for the Cream Cheese filled Vegetable Turnovers on page 9. This recipe doubles beautifully.

Pate

One 8-ounce package light cream cheese, softened, 1 cup sharp white cheddar cheese, shredded, 2 tablespoons cooking sherry, 1 teaspoon curry powder, and sliced green onion for garnish

In a medium bowl, combine cream cheese, cheddar cheese, sherry and curry powder. Mix until thoroughly combined. To serve, shape mixture into a round about 6 inches in diameter and 1½ inches high. Cover tightly with plastic wrap until served.

Plum Sauce

One 12-ounce jar plum preserves
1 tablespoon apple cider vinegar
1 tablespoon brown sugar
1 teaspoon red pepper flakes
1 clove garlic, minced
½ teaspoon powdered ginger
Combine all ingredients in a medium saucepan, bring to a boil, stir, remove from heat and allow to cool before storing in a jar. Just before serving spread half of the plum preserves over pate, top with chopped green onions and serve with crackers.!

To order signed copies of Kerry's cookbook, log on to her website, <http://www.thisbookcooks.com/> or order it online from <http://www.bn.com/> or www.amazon.com

THE AUSTRALIAN-US HEALEY CHALLENGE IS COMING TO A RACETRACK NEAR YOU!

By Michael Oritt



THE CHALLENGE!!

IN JUST A FEW MONTHS

we will be privileged to witness and be a part of what will probably become one of the most memorable and important events in Healey racing history. On May 20-22 the second race weekend in the Australian-US Healey Challenge series will take place at Summit Point Raceways, about one hour west of DC, and CAAHC members have been invited to join the racers in the pits. The highlight of the weekend will be an All-Healey Grid of up to 50 cars. Just imagine the thrill of seeing top Australian and American Healey drivers competing head-on! For complete information on the AUHC and all the component events visit the web-site at: www.auhc.net.

Following the weekend at Summit Point our visitors from Down Under and some of their American counterparts are heading to Indianapolis where the Indiana AHC folks are hosting them over the "500" weekend. They will then be returning to our area on May 31 and a number of them travelling in motorhomes and trailering their cars will be staying at our place for a few days R&R, culminating in a visit to DC on Thursday June 2. We will get them into town early that day so that they can see Our Nation's Capital, its monuments, museums, etc.

Our visitors are anxious to see the sites and club members willing to serve as informal tour guides are asked to come forward.

The Australian Embassy in DC is holding a reception Thursday evening to host its countrymen, to which our membership has been invited. There will be an admission charge of \$10 per person which the Embassy is donating to the Event Organizer to help defray costs incurred. Arrangements for parking are being formulated and this will no doubt be a great photo-opportunity, so please plan on attending WITH your Healey.

Following their visit to DC the racers compete in three more events at VIR, Watkins Glen and Mid-Ohio, and Final Awards are being presented at Conclave in Winston-Salem.

Please plan on being a part of the AUHC—you'll see some wonderful racing and meet some great Healey folks from Down Under!



Hot Healey Racing Action

Healey Spares For The Road

Reprinted with kind permission of Jim Werner, BGAHC

Jim Werner of the Bluegrass Austin-Healey Club sounded out subscribers to the "Big Healey E-mailer List" (healeys@autox.team.net) and put together the following "Ultimate Healey Spare Parts List".

FUEL

Flex Fuel Line
Rubber fuel line Fuel line hose clamps
Fuel line fiber washers
Fuel pump
Carb rebuild kit with jet
Gas tank epoxy patch
Throttle link bushing
Fuel filter
Carb coupling bolt

IGNITION

Points
Condenser
Rotor
Spark plugs
Coil
Spare screw-on cap for leads
Split copper disk for coil end of wire
Spare distributor cap, already wired with HT leads and end connectors

ENGINE

Flex Oil Line
Form-A-Gasket
Gasket material
Exhaust flange gasket
Generator brushes
Radiator hose clamps
Top and bottom radiator hoses
Fan belt

SAFETY & CONVENIENCE

Flashlight
Fire Extinguisher (Halon)

Jumper Cables
Tow Strap
Mechanics Gloves
Coveralls
Hand-cleaning lotion
Sun tan lotion
Aspirin
Fix a Flat
AHCA Membership Book
AHCUSA Resource Book
Parts Catalog



<http://hometown.aol.com/>

SUSPENSION

Spare Inner tube
Rear axle seal and gasket
Flex Brake Line
Front wheel bearing
Cotter pins
Jack
Knockoff Hammer

SUPPLIES

Fuses
Roll of Electrical Tape
Roll of Duct Tape
Roll of Safety Wire
20 feet of electrical wire with alligator clips
Assorted screws, bolts, fine thread bolts, flat washers, lock washers, nuts, cotter pins, etc.
Crimp-on electrical connectors (union, lug, and bullets)
A/H shop manual
Small Spray Can of WD-40
Emory cloth
Grease
Muffler Patch
JB Weld

TOOLS

3/8 Six point deep socket set
1/4 Socket set
Combination wrenches
Vise grips
Pliers

Screwdrivers
Gap setter
Dwell meter
Continuity tester/Voltage tester
Small screwdriver for Distributor cap leads
Tire Gauge

FLUIDS

Two quarts of oil
Pint of Brake fluid
One gallon Water

It does no good to carry parts & tools unless you either know how to use them or can find someone who does. Most folks also carry a cellular phone or CB radio and a AAA Premium membership card.

Parts notwithstanding, It also helps to carry along some luck and the determination to complete the trip:

Returning from Conclave 2001 in Minnesota I cracked a cylinder head in Duluth. With a lot of help from a local Healey owner who was a welder and a head gasket kit from Moss I made it home.

*And after Open Roads 2002 in Lake Tahoe my 2nd gear cluster broke in Lompoc, CA. I drove on to Smitty's Conversions in Thousand Oaks, bought a Toyota five-speed transmission and conversion bellhousing (something I had been thinking about getting, **but not right then**), and after three days removing and replacing the tranny and clutch I was able to drive back to Maryland without incident.*

On really long trips I now carry a collapsible tow bar which folds up and stows in my boot. I have not needed it—yet!

CAAHC 2005 ACTIVITIES SEASON STARTS WITH MEMBERSHIP MEETING AT **GUAPO'S**

Dick Williams, Club Secretary posts the following notes from the recent Membership meeting. These will not become "Official Minutes" until read at the next ensuing meeting:

Where and When: The March 2005 Membership Meeting of the **Capital Area Austin Healey Club** was held at 5:00 PM on Sunday, March 13, 2005 at Guapo's Restaurant in Bethesda, Maryland according to notice. CAAHC President Jack White presided.

Attendance: Present were—Eddie and Isabelle Bunch, Herman, Susan and Leila Farrer, Anil and Shanthi Fatterpaker (Regalia Chairpersons), Allen and Marian Feldman, Mike Gillette, Pete Groh, Dan Healey, Joe and Peggy Maio, Paul Mandrino (a prospective member), Don and Kathi Margeson, Fred McConville (Activities Director), Bob (Treasurer/ Membership Chairperson) and Missy McKenna, Bruce and Inan Phillips, Dean and Sue Turner, Dick Williams and Jack (President) and Pam White.

The President called the meeting to order and the following items of business were discussed:

Approval of Minutes: The minutes of the December 5, 2004. Membership meeting were read and approved as submitted.

Treasurer's Report and 2005 Proposed Budget: Lengthy discussions were had concerning the investment of CAAHC assets in an interest-bearing instrument and also upon the CAAHC officers' authority to expend funds.

Another matter of the Proposed Budget was the Board's recommendation that CAAHC make a \$500.00 donation to the organizer of the Australian-US Austin-Healey Challenge (AUHC) to partially defray his promotional expenses. After lively discussion, the membership voted NOT to provide this support.

The membership went on to give its unanimous approval of the 2005 Budget, *as modified*.

CAAHC Activity Calendar – 2005: Activities Director Fred McConville highlighted upcoming events and encouraged the Membership to be in attendance and give their support. Events discussed included the Go-Kart

event (April 3), the AHCA Conclave 2005 (June 26-July 1) - register at www.triadaustinhealeyclub.g33x.com - and the "Capital Classic" which will take place in Gettysburg, PA (tentatively set for September 16 - 19).

Following Fred's report Herman Farrer, the Event Coordinator for this year's "Capital Classic" reported on his progress and planning to date. He, assisted by Allen Feldman, has conducted one site visit. Herman noted the importance of participants confirming hotel reservations at least thirty days in advance. Further details will be announced soon.

President Jack White spoke briefly about the 2005 AHCA Conclave, to be held this year in Winston-Salem, NC.

After motion and second, the meeting adjourned at about 7:45 PM.

NEWSLETTER ARTICLES WANTED

The Editor wishes to remind all members that those valuable CAAHC Membership Participation Points can be garnered in a number of ways, one being by submitting an article for publication.

You don't need to be a wordsmith and I'll be happy to edit any submissions should you request. Photos are welcome!



The Capital Area Austin-Healey Club is an officially sanctioned chapter of the Austin-Healey Club of America primarily serving Healey owners in the states of Maryland and Virginia and the District of Columbia.

Club contact information is as follows:

Jack White, <i>President</i>	jwhite@medmarc.com
Dick Williams, <i>Secretary</i>	RHW63@aol.com
Fred McConville, <i>Activities Director</i>	mcconvil@HughesHubbard.com
Bob McKenna, <i>Treasurer/ Membership Director</i>	robert.mckenna@va.gov
Ian Dunnington, <i>Webmaster</i>	idunnington@knowlogy.com
Michael Oritt, <i>Newsletter Editor/Delegate</i>	awgertoo@aol.com

Information on Club activities including meeting schedules may be found on the website at: www.capitalhealeys.org.



NAME THIS CAR

Introduced in 1953 to compete against the Austin-Healey 100, this car was powered by a Ford Consul or Zephyr engine, and upgraded in 1956 with a 3.4 litre Jaguar powerplant. It was discontinued in 1958—only 80 examples were built.

Can you name it? Respond via the club emailer list—winner gets one free subscription to “Healey High Roads”

There are two kinds of people—those who do the work and those who take the credit. Try to be in the first group; there is less competition there. *Indira Gandhi*

CAPITAL CLASSIFIEDS

03/14/05 FOR SALE TO GOOD HOME:

I have just mounted a set of 72 spoke wire wheels with 185 tires on the Healey. I have a set of four 60- spoke chrome wire wheels for sale with 165/15 tubeless Continentals mounted on them.

The wheels are in excellent condition—no broken or missing spokes and were just balanced. The tires are believed to have been mounted on the car less than 5 years ago but I do not have a production date for them. How-

ever, they are in excellent condition also and have probably less than 4000 miles on them. There is also a spare tire and tube (Michelin X with narrow whitewall) that is in excellent shape as well. A ratty painted wire wheel (spare) is also available for free!

Price: \$600 for the lot and I'll deliver to a Club Member.

Fred McConville mcconvil@hugheshubbard.com (703) 830-6136

12/14/04 Free to good home:

My girl friend in the early 1970's embroidered a 100-4 on the back of a blue work shirt for me for my birthday. At the time I had my BJ7, but she thought the 100-4 was easier to produce in thread. The shirt is a large, and I no longer am.

Call Douglas at 703 524-0364 or apahead@aol.com